

HAPPENINGS

ISSUE NO. 369

FEBRUARY 2021

SERVING PORT ST. JOHN & CANAVERAL GROVES

Joe Biden Is Sworn In As President

Joe Biden is now the 46th president of the United States. On Wednesday he took the oath of office as President of the United States. Biden made history with his pick of Sen. Kamala Harris as his No. 2. Harris is now the first woman to hold the office of vice president.

The biggest challenge facing Biden as he takes office is the COVID-19 pandemic, which has already claimed the lives of more than 400,000 Americans. Biden has said his top priority will be vaccinating Americans against the deadly virus. The goal is to administer 100 million COVID-19 vaccine doses in his first 100 days in office. With current vaccines requiring two shots, that would cover 50 million Americans. Last Friday he said he will activate the Federal Emergency Management Agency and the National Guard to help get vaccines to millions of Americans.

The pandemic has pushed technology issues, including net neutrality, rural broadband and online privacy, to the sideline. But the violence at the Capitol has many lawmakers looking at ways to rein in the tech giants. They are troubled by the rampant flow of hate speech and disinformation, as well as interference by foreign countries in the election. Both sides say



these companies l Biden has remain issues. A scathing report detailing a Google, Apple, A foreshadows trou Biden called rebu America "the mo He sees revitalizi nerstone of that e economic develop \$20 billion in ge

communities that don't have it. He's also cal nicipal utilities to bring fiber broadband c across rural America. Trump has also inclu cess as part of a \$2 trillion infrastructure pla

Net Neutrality. Biden hasn't said much ab man for Biden's campaign said that the pres strong net neutrality protections, but Biden's story. As a senator, he didn't co-sponsor or st tion. Biden also has a close relationship wit hosted Biden's first fundraiser after he anno

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Governor Announces Residency Requirement for COVID-19 Vaccinations

Florida Governor Ron DeSantis has announced that all COVID-19 vaccines dispensed in Florida should be available specifically for eligible Florida residents.

In Brevard County, appointments are required for vaccination, and those currently eligible for the vaccine are Florida residents age 65 and older, and healthcare workers with direct patient contact.

Effective immediately individuals receiving a COVID-19 vaccine must bring:

All clients must provide identification

Healthcare workers must provide proof of employment in addition to ID (examples: work ID badge, paystub, etc.)

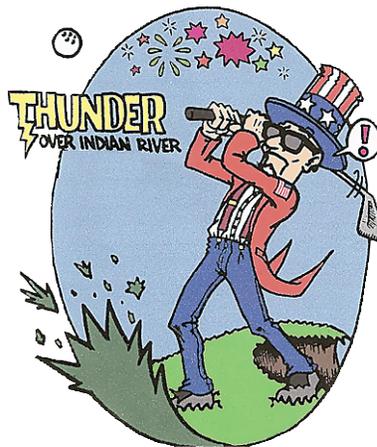
Individuals with an out-of-state ID should also provide proof of residency or semi-permanent residency (examples: utility bill, property tax receipt, lease agreement for Florida property, etc.)

Any out-of-state client who has received vac-

cine at the Florida Department of Health-Brevard in Viera site prior to January 19, 2021, will have their second dose appointment honored.

Please do not visit a vaccine site without an appointment.

Third Annual Thunder Over Indian River Golf Classic



Our Third Annual Charity Golf Classic will be held on Saturday, April 24th at Indian River Preserve Golf Club. The cost is \$65 per person

or \$240 per team and lunch, range balls and administration will begin at 12:30 pm. All proceeds from the event will be donated to the Port St. John Community Foundation. Please join us for lunch and fireworks on Saturday, April 24th, 2021. Day events and fireworks will begin at 5:00 pm.

In addition to prizes, there will be two "hole-in-one" challenges, and a "hole-in-one" challenge.

A hole-in-one winner will be awarded a \$1,000 cash prize by Ron Norris Buick GMC. The event is sponsored by Florida Hybrid Water Heating and Plumbing.

Anyone who does not wish to participate by sponsoring a team should attend the awards luncheon on Saturday, April 24th, 2021.

For an application, please visit <https://portstjohncommunityfoundation.org> or call 321-281-1111. The deadline to pre-register is April 15th, 2021.

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PSJ Community Center Schedule - February 2021

The center is open Mondays–Thursdays from 10 AM to 8 PM, Fridays from 9 AM to 6 PM, Saturday 10 AM–2 PM Schedule is subject to change. For latest information or to register, call 633-1904.

Port St. John Community Center has a new playground! If you have bored kids at home and need a place for them to have fun and burn some energy, the Community Center is ready.

This 5.48-acre community park features a Community Center with a large activity room, kitchen and stage popular for rentals and youth programs. The center also includes two activity rooms which consist of two pool tables, a Ping Pong table and Foosball table. There's also a computer room that is open to the public for use.

Outdoors, the playground and basketball court are neighborhood favorites. Summer camp, Boys and Girls Scout clubs are run and offered as well at the facility. Meetings are suspended at this time for safety, but information is available.

When COVID restrictions ease up, if you are looking to get in shape or just want to get that heart rate up, fitness classes such as Zumba are available.

Parks & Recreation Meeting



The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, February 11th, 2021, at 5:00 p.m.

The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend. The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center–North.

For questions, call Jeff Davis at 264-5105.

North Brevard Art League “Winners Showcase” Exhibit Opens at the Downtown Art Gallery in Titusville

Everyone is looking forward to the New Year. That is especially true for the North Brevard Art League. When the pandemic threatened to cancel their 56th annual art show, they made the decision to conduct the event online, their very first digital art show. And it was a great success! 134 artworks were featured. Hundreds of people viewed the art works digitally and voted for the Peoples Choice award, and the judges did the same.

Now the League has partnered with the Downtown Art Gallery in Titusville to present many of the winning pieces, live and in person! The “Winners Showcase“ will exhibit 33 of the winning art works.

Works on display include the Best of Show winner, “Community of Trees”, a watercolor by Kathie Benson, the People’s Choice winner, “My Imagination” by Hideko Mooney, and other winning artworks in a variety of mediums. The video of the complete show is still available for viewing at www.northbrevardartleague.com along with a list of all the winners

The winners will be on display from January 9 to February 5, 2021. The Downtown Art Gallery is located at 335 S. Washington Ave in historic downtown Titusville. They are open Monday to Friday, 11 to 5 and Saturday 11am to 3 pm. You can reach the gallery at 321-268-0122.

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Good Day! by Maureen Rupe Port St. John Fire Station Move?

One of the recommendations of the Port St. John Small Area Study was to move the fire station currently on Carole Ave. closer to Grissom, but still on Fay Blvd. I wasn't at the meeting where the move was recommended and asked whether the recommendation was based on the Verona Development north of Port St John. I was told it was just a recommendation and studies would have to be done. With the increase of residents and developments in Titusville and Brevard County, it seems the county needs to add fire stations, not just move the ones we have now. Even if they have county property where the fire station can be moved, it takes a significant amount of money to move existing facilities rather than to build a new fire station.

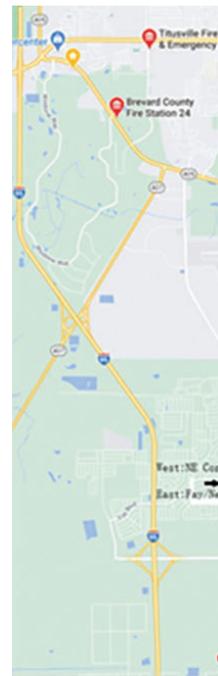
If you look at the map attached showing the various fire stations in North Brevard, there are three recommended locations to move our PSJ fire station: 1) to an area near Fay & Adams Place just north of Challenger Elementary; 2) at the northeast corner of Fay/Grissom; and 3) along U.S. 1 near Fay Blvd. Do any of these make

sense, especially moving it to U.S. 1 where it's even further away from Titusville's large number of housing developments and across the railroad tracks from most of Port St. John?

There is a significant distance between Fire Station 24 on SR405 just east of Walmart, and Fire Station 26 in Port St John. But if you look at the distance between Fire Station 26 and Four Communities and Fire Station 29, moving the PSJ fire station isn't going to help the massive number of homes Titusville is building in Verona, and especially all the new developments Titusville has been building north of SR405. If you are going to move Brevard County assets, it would be more productive to move Fire Station 24 (the fire station you pass on the way to Walmart). Move that station east to around Grissom Blvd. or around Sisson Blvd. on SR405. It doesn't seem cost effective to move PSJ's fire station a half mile to the west, as this move isn't going to make much of an impact except for costing a lot of money to have traffic come to a stop every time the fire trucks leave or come back to the station.

Why would the county try to keep the same number of stations if they keep approving new

development without new developments part of the current residents new development has



Google maps showing the location of Fire Station 24 in Titusville, Florida.

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Mobile Home Development Adjacent To Port St John Behind Winn Dixie

On January 6, 2021, it was planned for the Port St. John Dependent Special District Board to hear a request for: 5971 Cedar Lake Drive Revocable Land Trust and U.S. Highway No. 1 Commercial Land Trust (Kim Rezanka) requests a change of classification from RU-1-11, TR-2, and BU-1, with a BDP, to TR-1 with a BDP limited to 200 units. (20Z00036) (Tax Accounts 2310971, 2310861, and 2316173) (District 1). This meeting was scheduled at the PSJ Library on Carole Ave. There were too many people for the size of the room. I suggested using the PSJ Community Center, but that didn't go over well.

The meeting is rescheduled for February 10, 2021, 6 pm, at Viera, Building C. There will be instructions inside the door telling you the room



where it will be held.

The property is bordered on the north by Vine-land, Winn Dixie Blvd. on northeast side, the railroad on the entire east border, Cedar Lake Drive on the south, and FPL on the east, as well as the trailer park along Clearlake Drive on the east, just

south of the Winn D... viewing the property are either from Clea... Drive from the south... the property, but the... to show approximat

Reference:

<https://brevardfl.gov>

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Good Day!, cont.

age loads of properties are just as bad or worse. Many sewer plants around the state have been built and left, thinking no maintenance is ever required. Then when they spill thousands of gallons of urine and feces out either on the land or, in Brevard County's case, it's usually into the Indian River Lagoon.

If not spilling the raw or partially treated sewer, they just take out the pathogens and other bacteria and then either use it for fertilizer in liquid form close to the sewage plant or dried so it can be transported as biosolids.

Titusville has been given a lot of money from our Save Our Indian River Lagoon ½ cent sales tax. Recently, (and not the first time), Titusville spilled an unknown quantity of raw sewage, and they don't even know when the spill started. See the timeline of events below:

Dec 15: Nearby residents complained of sewage smells from the two ponds around Sand Point Park.

Dec 16: There was a massive fish kill in both ponds.

Dec 19-20: There were no signs posted in the area around the Titusville Lights of Hope Festival Party and Snow Days during this major spill of more than 100,000 gallons into the two ponds.

Dec 23: They did not post any visible signs around the west pond until 8 days later.

Dec 24: They did not post any visible signs around the east pond until 9 days later.

Dec. 24: Titusville finally stopped the sewage and dead fish polluted water in the east pond from flowing into the IRL. This was 9 days after the spill started.

On January 9th, I attended a very peaceful protest against the Titusville sewage spill. It

was a walk from Ma Titusville City Hall judging by the pass reported. There was a v Port St. John who r and he was a reader to be very thoughtful get his name, but he My email address is articles, and if you ha welcome.

In 2017, Titusvil lons of raw sewage. I of 870,000 gallons 2017, reported the sy I'm assuming there n a majority of the sys

I'm also sure the along the many agin River Lagoon. What are paying for a sel paying to fix is con spills due to failure it's by cities or the c more density to dev additional runoff int Lagoon. At the rate to even keep up wit tional development

Reference:

<https://spacecoast.com/news/2017/12/24/sewage-spill-requires-city-to-stop-swimming-or-boating-in-irl/>

Additional Info Lagoon Problem

I found a May 9 article by Jason Deare "Building boom thr

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lagoon,” which gave a lot of good background information. The article said a lot more than I am submitting, but the following is a good summary:

“It’s the death by a thousand cuts,” said Bob Knight, an environmental scientist with the Howard T. Odum Florida Springs Institute, who has studied Florida’s waters for 40 years. “The lagoon’s woes threaten the region’s \$2.5 billion recreation, fishing and tourism economy, alarming kayak tour operators, charter boat captains, restaurateurs and organizers of bird-watching festivals.

Environmentalists are distressed to see the lagoon’s rich variety of life threatened in a crisis similar to what has happened in recent decades in such places as the Chesapeake Bay, Lake Erie and the Gulf of Mexico.

Although the federal and state governments have spent hundreds of millions of dollars to heal the lagoon in recent years, an Associated Press examination found that pollution spiked, algae blooms spread and fish kills worsened over the past decade and a half as central Florida’s population swelled faster than that of anywhere else in the state. Water quality data analyzed by the AP showed that the average level of phosphorous — a byproduct of fertilizers and human waste that algae thrive on — rose nearly 75 percent between 2000 and 2016. Average chlorophyll readings, used to measure the presence of algae, almost tripled.

Home to more than 2,900 species of plants, birds and fish, the waterway has been polluted since the mid-20th century by fertilizer

runoff from farms around Lake Okeechobee, which drowns in heavy rains. Nevertheless, parts remained largely healthy. The boom. Since 2000, more than 1.5 million people moved to the lagoon and three Orlando-area counties that drain directly into the lagoon. More than 500,000 new homes were built in the area over the same time period.”

Reference:

<https://www.tuscaloosaneews.com/news/20170501/fla-wildlife-rich-lagoon>

Cheerio!

Maureen Rupe

rupe32927@earthlink.net



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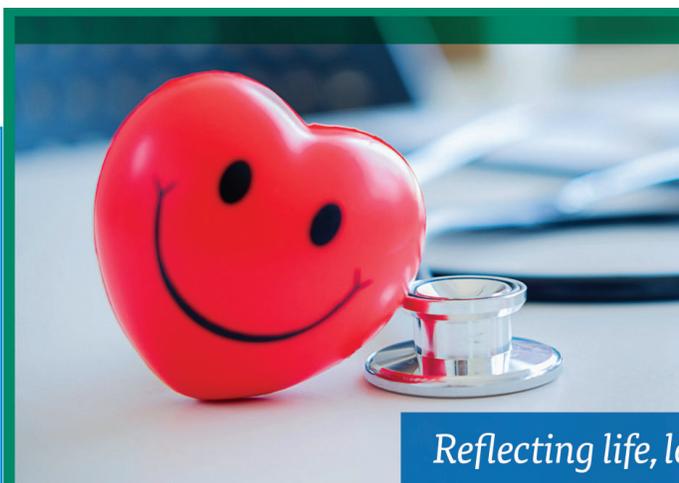
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Would You Rather?

As I sit pounding the keys, I'm joining most of you in once again praying for peace and good health for all, both in the physical sense and for our souls. Adding wishes that perhaps our worlds may be nearing some kind of normalcy by the time readers are holding this paper in their hot little hands.

Also, once again I am vowing my undying admiration for teachers everywhere, whether they be professional or the new breed called parents. I hate to think what would have become of my clan when they were elementary and middle school age had I been solely responsible for any part of their education.

As it was, homework time at the Padrick homestead was mostly uncontrolled at best. While my offspring were assembled at the dinner table amid various books, papers and writing utensils, this is where any resemblance to the Ingles girls (Little House on The Prairie) ends.

First and foremost, by the time they were in the third grade they knew mom was useless to help with any studies past the second grade. Second and just as important, they out-numbered me and knew the art of organized distraction innately.

While the second grader straightened her little halo and asked me for help reading, (which positioned me with my back to certain siblings), certain siblings (who usually paid her for such favors with cookies) stood books up in front of their faces and began a whispered version of 'Would You Rather?' (I know this because I believe they learned to whisper in a lumber mill.)

A little girl voice asked, "Would you rather

kiss a girl or lick Yo

A little boys voice eat possum guts ou before I kissed a dur

Ya' gotta give the was pronounced in t Mom. It was also p who discovered som short years later. WH he paid a hefty price his sisters to gather t by doing their home

"Would you rath week or wash your face was buried in h shoulders shaking v his sisters yucking a

I had no idea w reminded them wh do itself. This work seconds before my "Would you rather j set or the roof of the

My "No one is j your homework an finish! So, get starte blance to Ma Ingles moans sounded noth

Keeping watch a papers, slammed bo the television while game of Would You Aunt Doris's rice p for a month or pick bare hands?" "Get sea weed?" I had t imaginations, albe

Eyes rolled skyw to play the game wit ness and gore, I exp jama parties, roll ea in our baby doll p "Would you rather Dean or Marlon Bra

I heard a whisper idea what she just sa shaking in unison. T thing to do in anothe very quiet living roo myself... My mothe



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Gastroenterology Physician Dwarka Nath, MD

Parrish Medical Group welcomes Dwarka Nath, MD, as its newest board-certified physician in gastroenterology. Dr. Nath offers gastroenterology care at two convenient locations: Parrish Healthcare Center 5005 Port St. John Parkway, Cocoa, and Parrish Healthcare Center 250 Harrison Street, Titusville.



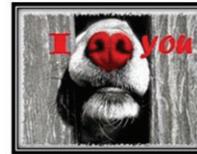
Dr. Nath completed his medical studies at Mysore Medical College of Mysore University, India. After postgraduate training in Bombay, he then went on to serve in Africa as a staff medical officer. For the past 38 years, Dr. Nath has been practicing gastroenterology and internal medicine in the United States.

Having presented on topics relating to gastroenterology and holding positions in a variety of practice committees, Dr. Nath is an active community leader. During his professional career, Dr. Nath has developed specialties in advanced endoscopic procedures and gallstone removals.

"I want to bring a gastrointestinal service of excellence to the Parrish community," said Gastrointestinal Physician Dr. Dwarka Nath. "My goal is to provide care in early detection of cancer and advanced management of gastrointestinal cancer, ulcers, gallstones, liver diseases, and pancreatic disorders."

Parrish Medical Group and Dr. Nath are accepting new patients. To schedule an appointment, call 321-268-6868 for Titusville or 321-633-8660 for Port St. John.

"FOR THE LOVE OF PAWS" Valentine's Day Celebration



Will you be my Paw-lentine?

You are invited to a Valentine's Day Celebration, "For the Love of Paws", hosted by Tails at the Barkery on Sunday, 02/14/21, from 11:00 a.m. to 3:00 p.m., at Keep It Local Brevard in Cocoa Village. Bring your canine companion, enjoy a delicious meal of your choice, practice social distancing, and join us for an afternoon of fun, including raffle baskets and door prizes.

Proceeds to benefit Schnauzer Love Rescue, Inc., an all-volunteer, nonprofit rescue devoted to finding homes for all Miniature Schnauzers who are abandoned and unwanted and those whose families need to relinquish their pet.

Tickets are \$20.00 per person in advance; \$25.00 day of event. Tickets are available at Tails at the Barkery; Keep It Local Brevard; or on-line at www.schnauzerloverescue.net.

All pets must be on a leash, or in appropriate carriers, and have current vaccinations and county tags for the safety of our animals and friends.

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www.schnauzerloverescue.net
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www.TailsAtTheBarkery.com
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Parrish Medical Center offers the world's smallest pacemaker, which can now treat Atrio-ventricular (AV) Block. Parrish is one of the first hospitals in the state of Florida to offer Micra™ AV, the world's smallest pacemaker with atrio-ventricular (AV) synchrony. This new device, indicated for the treatment of patients with AV block, extends the most advanced pacing technology – at one-tenth the size of a traditional pacemaker – to more patients than ever before.

The first procedure was performed by Interventional Cardiologist Rene Celis, MD, on December 19, 2019 and since then 18 have been performed at Parrish Medical Center.

AV block is a type of heart block in which the electrical signals between the chambers of the heart (the atria and the ventricles) are impaired. Pacemakers, the most common way to treat AV block, help restore the heart's normal rhythm and relieve symptoms by coordinating the electrical activity of the atria and the ventricles. When this process – known as AV synchrony – is achieved,



patients are healthier and have decreased likelihood of pacemaker syndrome, improved quality of life, and increased blood flow from the left ventricle.

Historically, patients with AV block have been treated with traditional dual-chamber pacemakers which are implanted in the upper chest, under the skin below the collar bone, and connected to the heart using thin wires called “leads.” Micra™ AV has several internal atrial sensing algorithms which detect cardiac movement, allowing the device to adjust pacing in the ventricle to coordinate with the atrium, providing “AV synchronous” pacing therapy to patients with AV block.

The Micra AV, v is the latest cardiov offered as part of Par vascular service line also the first in Bre invasive Impella® percutaneous cardia for the heart, allow stent placement or b pella heart pump is heart failure, cardio protected percutane

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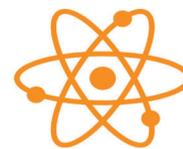
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Monthly Tax Update

We're all ready to get our taxes filed and hopefully have a refund. Because of recent legislation, the first filing date for the 2021 tax season will start on Friday, February 12, 2021. This is when the Internal Revenue Service (IRS) will begin accepting and processing 2020 tax year returns.

This later start date allows the IRS time to do additional programming and testing of IRS systems following the December 27, 2020, tax law changes providing a second round of Economic Impact Payments and other benefits. The additional programming work is critical to ensure IRS systems run smoothly. These changes ensure eligible people will receive any remaining stimulus money, as a Recovery Rebate Credit, when they file their 2020 tax return.

Additionally, IRS Free File launched this week, giving individuals an early opportunity to claim credits like the Recovery Rebate Credit and other deductions. Leading tax software providers make their online products available for free as part of a 19-year partnership with the IRS, which includes nine products in English and two in Spanish. You will be permitted to file, but it won't process until February 12, 2021.

On another note, the Earned Income Tax Credit (EITC) is a financial boost for families with low- or moderate- incomes. EITC can lower a taxpayer's taxes, and even result in a refund. The amount of EITC varies based on income, filing status and family size. This year, you may elect to use your 2019 or your 2020 earned income for the most EITC possible.

As a reminder, to qualify, you must have earned income and adjusted gross income within certain limits and meet certain basic rules.

Let's talk about your Stimulus Payment now. You can check the Get My Payment tool on IRS.gov where it will show a date your payment was mailed or what the status is. If a payment is reflected, you should watch the mail for either a paper check or debit card.

The debit cards arrive in a white envelope that prominently displays the U.S. Department of the Treasury seal. The Treasury Department and the IRS are issuing millions of second Economic Impact Payments by prepaid debit card to speed delivery of the payments to as many people as possible. The prepaid debit card, called

the Economic Impact Payment card, is issued by Treasury's financial agent, MetaBank®, N.A. The IRS does not determine who receives a card.

The form of payment for the second mailed EIP may be different than the first mailed EIP. Some people who received a paper check last time might receive a prepaid debit card this time, and some people who received a prepaid debit card last time may receive a paper check.

Finally, be sure to check out your tax preparer's credentials if you're looking for assistance in filing your taxes. Remember, you are still responsible for any errors on your return.

This is a very brief overview. For details and specific assistance in applying the general information in this article, call us at your earliest convenience or contact your tax advisor. Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

10 Points To Ponder As 2020 Draws To A Close

1. The dumbest thing I ever bought was a 2020 planner.
2. 2019: Stay away from negative people. 2020: Stay away from positive people.
3. The world has turned upside down. Old folks

are sneaking out of yelling at them to st
4. This morning I s
her cat. It was obvi
derstood her. I cam
dog.... We had a goo

The dumbest thing I ever bought in 2020

5. Every few days tr
sure they fit. Pajama
is well in the kingdo
6. Does anyone kno
yet, or should we ju
7. I never thought
touch him/her with
come a national pol
8. I need to practice
refrigerator.
9. I hope the weathe
trip out to the trash
10. Never in a millio
ined I would go into
ask for money.

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Titusville Fire Department Raises Awareness and Funds in Support of Parrish Medical Center's Cancer Care Program



Sutton and members from the Department presented the check to Shannon Luker, PMC breast health navigator and oncology program coordinator; Alex Gutierrez, PMC oncology/infusion program manager acute care services; Christie Rimsky, JPMF philanthropy officer; Natalie Sellers, JPMF Executive Director; and Rachel Terry, JPMF Board Chair.

Titusville Fire Department (TFD) presented Jess Parrish Medical Foundation (JPMF) with \$1,500 in support of cancer care programs at Parrish Medical Center (PMC).

During the month of October, as part of nationwide and local efforts to raise breast cancer awareness, Titusville Fire Department showed their support by going pink for the cause with their 2020 Pink Out campaign. Department members sold and wore pink-themed T-shirts in October in place of their uniform shirts in observance of breast cancer awareness month.

For the sixth year, Titusville Fire has generously given back to JPMF and supported PMC's cancer care program. "To say it has been a challenging year would be an understatement," stated Gregory Sutton, battalion chief. "We would like to recognize our amazing community that supported the Pink Out campaign and always steps up in difficult times to champion a worthy cause. We enjoy supporting efforts here at home to give needed care and assistance to those served by the Cancer Care program at Parrish Medical Center. Titusville Fire Department, JPMF and PMC have a long-standing relationship that benefits everyone in our community. We truly are community partners committed to service excellence and helping those in need. We look forward to a new year and giving back

once again."

"Those in our community who selflessly supported the TFD Pink Out campaign fundraiser have our sincere gratitude. Their gifts will provide access to free mammograms and other cancer care services to those most in need; those that may not have insurance, or such high deductibles that result in a postponed or completely neglected mammogram. I am so proud to be part of a community that provides essential and critical cancer care programs that save lives," stated Luker. "We are grateful to TFD for their continued support in the fight against breast cancer. They are a shining example of how our community is stronger when working together. Together, we are making a difference in the lives of our patients and their families throughout their cancer journey."

"The generous support provided by Titusville Fire will provide the availability of additional resources and opportunities to those we serve in North Brevard that may not otherwise have access to these vital services and care," said Rachel Terry, JPMF board chair. "We are grateful to our community partner, Titusville Fire Department, for their ongoing commitment to PMC's cancer care program and helping to advance PMC's vision of Healing Families—Healing Communities®."

Here's Who Under B American

The new \$1.9 trillion introduced before in 'Coronavirus relief' \$1,400 in direct payment would top payments that started to Around \$465 billion Rescue Plan is earmarks' wallets. The \$1,400 and would apously, parents or gua bonus for dependent can be claimed for adults and other adu

The price tag of t American Rescue P back from Republic resisted Democratic bill. But most analysts of the aisle v payments, which ec for many cash-strapped jobs or saw their in pandemic.

If Biden's America as the Democrats' \$ by only the House in gibility criteria would for the current \$60 distributed. The pay ally for those with a over \$75,000 for sing and \$150,000 for m pendants. The phase depending on the n household.

Eligibility would recent tax return and For the second round enue Service used 2 who qualified for th

The \$2,000 stimu a big increase in inc families. The 20% o incomes would see t by 29% if Congress

For more information, please contact Jess Parrish Medical Foundation at 321-269-4066, or visit parrishmedfoundation.com.

Understanding Medicare Star Ratings

The Centers for Medicare & Medicaid Services (CMS) uses a 5-star rating system to help consumers compare Medicare Advantage plans. Each year, plans earn a rating between 1 and 5 stars. Based in Florida, CarePlus Health Plans earned 5 out of 5 stars for 2021. Five stars means excellent and is the highest possible rating.

Medicare rates plans by measuring categories such as member experience, chronic condition management, and drug safety and pricing accuracy.

When it comes to your health, you deserve excellence. Because CarePlus has a 5-star rating, you may be able to enroll today!

Visit CarePlusHealthPlans.com or call a licensed CarePlus sales agent to learn more: 321-482-6283 (TTY: 711)

Space Coast. CarePlus is an HMO plan with a Medicare contract. Enroll-



ment in CarePlus depends on contract renewal. CarePlus evaluates plans based on a 5-star rating system.

marital status, or religion in their programs. CarePlus ensures admission or access to, or treatment or employment opportunities and activities. Any inquiries regarding CarePlus policies and/or to file a complaint, also known as a grievance, contact Member Services at 1-800-794-5900. From January 1 - March 31, we are open 7 days a week, 8:00am - 8:00pm. From April 1 - September 30, we are open Monday - Friday, 9:00am - 5:00pm. We always leave a voicemail after hours, Saturday and Sunday, and we will return your call within one business day.

Español (Spanish): Esta información está disponible en otros idiomas. Favor de llamar a Servicio al Cliente que aparece anteriormente.

Kreyòl Ayisyen (French Creole): Enfòmasyon sa a disponib lèt lang. Tanpri rele nimewo Sèvis pou Moun.

Economic Impact Payment Scams

The IRS began distribution of the Economic Impact payments, which means new scams are popping up to try to steal your money. Be aware of the following tactics scammers use to ensure your payment arrives safely.

Economic Impact Payment Scams

1.) Verify information via phone, email, or text.

The IRS will NOT call, text or email to verify or ask you to provide financial information. Use the IRS website to submit all information.

2.) Phishing Emails Providing Specific Information

DO NOT click on any attachments claiming to include economic impact payment information. These attachments can contain malware that will download onto your computer and steal your information.

3.) Pre-Payment

The IRS WILL NOT ask you to pay any amount of money to receive your economic impact payment.

4.) Receive Your Payment Faster

There is no way to receive your economic impact payment faster. If someone calls claiming they can send yours faster if you pay them a small amount via gift cards or pre-paid debit cards, you'll know it's a scam.

5.) Fake Checks

If you receive a check in the mail for an amount other than the amount you're supposed to receive, this is a scam. Correspondence with the check may ask you to call a number and verify your information to receive payment, DO NOT CALL! Report this to the Federal Trade Commission.

6.) The Official Name

The official name for these checks is economic impact payments. This is the wording that is used on all government payment and used in all government communication.

It's very unlikely that IRS will call you. If you receive communication from the "government" that uses the words stimulus check or stimulus payment, then it's not the government and you should hang up.



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COMMUNITY CALENDAR

Alcoholics Anonymous meets on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM.

Women's AA meets on Thursdays and Fridays, 10 AM. **Both AA Groups meet at St. Patrick's Church, 4797 Curtis Blvd.**

Overeaters Anonymous - Due to Covid-19 we are meeting on Zoom. For meeting times or contact info, please visit oaspacecoast.org.

Nar-Anon: Support group for those affected by someone else's addiction, meets on Mondays, 7:00 - 8:00 PM at St. Patrick's Anglican Church, 4797 Curtis Blvd. - www.naranonfl.org.

2-2 Groundhog Day

2-2 Compassionate Friends Support Group meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

2-3 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

Important Phone Numbers

County Commissioner -	607-6901
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Ctr -	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library -	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
www3.fdle.state.fl.us/sexual_predators/	

2-3 PSJ Startups & Founders Club, a group for new business owners and entrepreneurs, meets on the 1st Wednesday of each month at the Port Java in Fay Plaza. We'll begin our program at 8 AM. The Port St. John internet site can be viewed at www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/.

2-7 Super Bowl

2-4 Canaveral Groves Homeowners, Inc. meets on the 2nd Thursday of each month, 7:00 PM in the Fellowship Room of Discovery Christian Church, 3925 Grissom Pkwy. in the Groves.

2-5 Brevard Women's Connection meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Pam at 321-752-6896 or e-mail bwc0020@gmail.com.

2-14 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelagardnerwrites@gmail.com for info.

2-14 Calling all Christian authors! Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 PM at Cocoa library). Contact D.P. Clarke at 1royaldy@gmail.com for more information. Print "Writers Group" in Subject.

2-14 Multiple Sclerosis Self-Help Group meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

2-14 Valentine's Day

2-19 PSJ Business Connections Luncheon, sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at 12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

2-15 President's Day

2-16 Mardi Gras

2-15 Moonport Modelers RC Club meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

2-17 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires

and new members at 6:00 PM. For more info, contact the Post at 321-268-1632 or with your members.

2-26 Purim Story

2-23 Moonlight Q meets at the North Brevard Library, 2121 S Hopkins Ave. on the 4th Wednesday of each month. Meet and greet & refreshments at 6:30 usually followed by a guest speaker. Call 321-268-1584 for more info.

Congratulations

Missed last month's celebration celebrated their 56th anniversary.

Kara Scott turns 100.

Kyle Davis turns 20.

Jack Bray turns 60.

Cheyenne Marquette turns 18.

Drake & Madison turn 18.

Amethyst Crawford turns 18.

Cassidy Michonski turns 18.

Jennifer Wilson turns 18.

Nicolas Wagner turns 18.

Segunda Leach turns 18.

Jamey Blevins will turn 18.

Joshua Wilson turns 18.

Missy Crawford turns 18.

Samantha Hurst turns 18.

Cely Sanchez turns 18.

Jason Sanchez turns 18.

Laura Wagner ro turns 18.

Kobi Ragan turns 18.

Ashlee Rickard turns 18.

Amber Baum turns 18.

Jack & Sue Bray turn 60.

versary on the 1st.

Adam & Dawn Ni turn 50.

anniversary on the 1st.

Michael & Helen turn 50.

month.

Tom & Laura Wa turn 50.

wedding anniversa

Derek & Leslie R turn 50.

anniversary on the 1st.

We have lots of re

Email inputs to

Port St. John Public Library

6500 Carole Ave., Port St. John

Lena Penna, Director

(321) 633-1867

PSJ Library Is Open

The Port St. John Library is now open with limited hours. The library's hours are currently 9 am-5 pm Mondays, Tuesdays, Thursdays and Fridays, 12-8 pm on Wednesdays and we are back to being open on Saturdays 10 am-2 pm.

We will be closed Monday, February 15th for Presidents Day.

We are still unable to have any in person programming like we normally would at the library but groups are starting to return!

The Florida Master Gardeners come to provide gardening assistance and plant identification help every Monday from 2-4pm.

~ Mary Lena Penna

Library Director

Port St. John Library

6500 Carole Ave.

(321)633-1867

All libraries still offer curbside pickup for library holds even if the library is open to the public. Place a reserve in the computer, or call your local library, and they will contact you as soon as the items are ready to be picked up.

Please Note: Do not exit your car if the library is depositing your items in your trunk. If the library is leaving the items on a table outside, wait for the staff member/s to put the books outside and return to the library. Then you may retrieve the items and take them home. They will already be checked out to you.

All of our electronic resources and e-books are available to enjoy at any time, including online video story times. Visit <https://www.brevardfl.gov/PublicLibraries/home> for more information.

If you do not have a library card, call your local library. They have permission to issue library cards via phone with proper identification. You will need your driver's license when you call. The physical card may be picked up after the libraries re-open. We want all of our patrons to stay safe and healthy and we are doing as much as we can to assist you in that endeavor. We hope to see you soon!

Please call your local library with questions during open hours, Monday through Friday.

President Biden Goes Right to Work

President Biden hit the ground running on his first day in office. Biden signed 15 executive orders and two agency actions on Wednesday evening. The new president's actions were aimed at reversing several of former President Donald Trump's policies, including the pandemic response, the environment, anti-immigration policies, diversity and economic recovery. "There's no time to start like today," Biden told reporters in the Oval Office. Here are Biden's executive actions from his first day:

- An executive order requiring that people wear masks and maintain social distancing on federal property.

- The launch of a "100 Days Masking Challenge" to encourage Americans to wear masks.

- The reversal of Trump's decision to remove the U.S. from the World Health Organization. Anthony Fauci, the nation's top infectious disease expert, will lead the American delegation.

- An executive order that creates the position of COVID-19 response coordinator and restores the Directorate for Global Health Security and Biodefense, a team in charge of the pandemic response, within the National Security Council.

- An executive order to extend eviction and foreclosure moratoriums. The moratorium for evictions will be extended until at least March 31.

- Extended the existing pause on student loan payments and interest for Americans with federal student loans until at least Sept. 30.

- An "instrument" that will allow the U.S. to rejoin the Paris Agreement on climate change within 30 days. The executive order fulfilled a campaign promise.

- An executive order with the aim of "embedding equity across federal policymaking and rooting out systemic racism and other barriers to opportunity from federal programs and institutions." This order will also disband the 1776 Commission, which released a report on Monday that historians said distorted the role of slavery in the U.S.

- An executive order reversing an order that excluded undocumented immigrants from the Census. The order now requires non-citizens to be included in the Census and the apportionment of congressional representatives.

- A memorandum directing officials to "pre-

serve and fortify" the hood Arrivals program. DACA protections for who were brought in

- An executive order on "proclamations, informal arrangements, and executive orders" that restricted the majority-Muslim countries from the State Department to "screen" individuals from the New York Times reported the agency to develop the agency to develop caused to those who to the United States

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Biden is expected to sign executive orders relating to the economy and economic relief. A "Buy American" order was signed on January 25, and an order on issues will follow Tuesday. Information on that in the



On the Road With Rose

Cocoa Village

The new year usually ushers in a bevy of resolutions and new starts, but this year I'm praying for a return to something akin to our old normal. I'm inviting you all to join me in thanking The Big Guy for all the good in the world, beginning with the vaccine and continuing to the kindness we need to look for every day.

Living just down the road from Cocoa Village, most of us just wander around a few streets when there's an art show, but my recent visit revealed many wonderful little side streets and a hodge podge of historical buildings very few people know exist. And they all can be enjoyed by a leisurely walk, made all the better by cooler weather and masks being optional while not in close proximity with others.

On the northern end of Delannoy Avenue is the Blair building, originally an alleyway be-

tween two buildings, neither of which are still standing. The alley was covered around 1910. The building has been recently renovated for its new owner, Sugar Shack Donuts (located across the street from Travis Hardware). Does anyone else remember when there was a bath tub full of marbles in the window?

Cocoa Village Playhouse established as the "Aladdin" theatre. The doors opened to the public on August 18th, 1924, showing silent movies. Anyone other than me remember the balcony when it was the State Theater?

Probably the best-known old structure is the Porcher house on Delannoy Avenue. The house was originally built with ten bedrooms and four and one-half bathrooms and made from native coquina rock. It's well known for being the venue for weddings and such, but few know that at one time it was a hotel and then a home for boys.

Also on Delannoy is the Pettee House. The original location for this historic home was on Rockledge Drive, over a half a mile to the south of Cocoa, but it was moved from there to Delannoy Ave. in 2002 by barge. The family from New York were the first owners and sold the property to John Derby in 1920. Ownership changed hands many times until it was sold to a developer who was going to raze the building. It was saved from destruction in 2002 and is now the Parrish Grove

Inn, a thriving bed and breakfast. St. Marks Episcopal Church (many of us know the building to come inside (project in process) to see the original church, built at the original stained glass dedicated to the early 1800s. I lived in the late 1800s of the original ones, throughout the church side, you can see the "Michael" after St. Michael.

How many of us remember the Masonic Temple Tower, and wonder if the rumors are true, especially at the 'eye.' The three construction in 1919 housed a very popular days of Prohibition.

The oldest commercial Historic Cocoa Village, which means 'don't know where to and it is nowhere near the light blue building on Florida Ave. I've and never noticed the high up into the wall cana. The Brevard first bank south of the chartered bank in Florida mental in the early 1900s.

The Derby Street building located at 12 between 1916 and 1920 church. Cocoa Main and brought it up to standards. It is now renewals, memorial

Four generations owned and operated is currently run by grandson. It has new regarding air conditioning nuts, bolts and fasteners. Travis brothers opened in 1885. This brick 1909. It is certainly to drag my gear head

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11 Things to Know About the U.S. COVID-19 Vaccination Program

Now that there are authorized and recommended vaccines to prevent COVID-19 in the United States, here are 8 things you need to know about the new COVID-19 Vaccination Program and COVID-19 vaccines.

Do I need a doctor's note to receive the vaccine if I have a pre-existing medical condition?

No.

Are there specific allergy concerns related to the Moderna vaccine?

As of now, the FDA and CDC have not released specific information about contraindications to the Moderna vaccine. The CDC does not disqualify people with a history of allergies to food, medications, pollen, stings, or other substances from getting the vaccine. If you have a history of allergies to specific foods or medications, you should discuss the risks and benefits of the vaccine with your health care provider. Based on your risk factors for developing severe disease if you contract COVID-19, you and your provider can decide whether you should take the vaccine now or wait a little longer. The FDA has noted two populations who should not receive the vaccine:

- Those who have had a severe allergic reaction after a previous dose of this vaccine
- Those who have had a severe allergic reaction to any ingredient of this vaccine

Should I get the vaccine if I have a bleeding disorder or am taking a prescription blood thinner (i.e. Eliquis, Xarelto, Warfarin, Plavix)?

You can still receive the vaccine if you have a bleeding disorder or are taking a blood thinner. It does not exclude you from receiving the vaccine. The vaccine is not associated with serious bleeding risk. It is possible that you experience light bruising and/or light bleeding at the injection site which is a common side effect with any vaccine and generally resolves the same day.

The safety of COVID-19 vaccines is a top priority.

The U.S. vaccine safety system ensures that all vaccines are as safe as possible.

CDC has developed a new tool, v-safe, as an additional layer of safety monitoring to increase our ability to rapidly detect any safety issues with COVID-19 vaccines. V-safe is a

new smartphone-based, after-vaccination health checker for people who receive the vaccines.

COVID-19 vaccination will help protect you from getting COVID-19. Two doses are needed.

Depending on the specific vaccine you get, a second shot 3-4 weeks after your first shot is needed to get the most protection the vaccine has to offer against this serious disease. CDC is making recommendations for who should be offered COVID-19 vaccine first when supplies are limited.

To help guide decisions about how to distribute limited initial supplies of COVID-19 vaccine, CDC and the Advisory Committee on Immunization Practices have published recommendations for which groups should be vaccinated first.

There is currently a limited supply of COVID-19 vaccine in the United States, but supply will increase in the weeks and months to come.

The goal is for everyone to be able to easily get vaccinated against COVID-19 as soon as large enough quantities are available. Once vaccine is widely available, the plan is to have several thousand vaccination providers offering COVID-19 vaccines in doctors' offices, retail pharmacies, hospitals, and federally qualified health centers.

After COVID-19 vaccination, you may have some side effects.

This is a normal sign that your body is building protection. The side effects from COVID-19 vaccination may feel like flu and might even affect your ability to do daily activities, but they should go away in a few days.

Can a COVID-19 ID-19?

No. None of the vaccines contain the live virus that causes COVID-19.

Cost is not an obstacle against COVID-19.

Vaccine doses purchased by the government will be given to you at no cost. However, your provider may be able to charge additional fees for the shot. Vaccination costs are typically reimbursed by the patient's insurance company or the Health Resources and Services Administration's Provider Relief Fund.

The first COVID-19 vaccine authorized under Emergency Use Authorization by the U.S. Food and Drug Administration (FDA) and ACIP-recommended for use in the U.S. COVID-19 vaccines are available in the State, tribal, local and territorial health departments have developed plans to make sure all recommended vaccines are available to their communities.

COVID-19 vaccines are important tools to help protect our communities.

It's important for everyone to use all the tools available to protect themselves and their communities as we learn more about how COVID-19 vaccines work in real-world settings. Stay at home, wear a mask, avoid crowded places, and wash your hands.

CDC will continue to update its COVID-19 vaccine recommendations as more information becomes available.

Meet your neighbors and stay informed of Events & Conferences

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out this form and mail with a check for \$15 to cover the current year's membership. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959

Name _____

Address _____

E-mail _____

Phone _____ May we include your phone number in our roster to CGHI members? Yes No

Won't you join us? Visit www.CanaveralGrovesHOA.com



Fruit From The Groves



On January 14th, an Executive Board meeting was held by the Canaveral Groves Homeowners Association. This was due to the fact that very few people have been attending the meetings, and this was even before the Covid-19 virus problem. There are also very few paying the \$15 annual dues, even when it is the Association's only source of income.

With the expenses of having the meetings and other things, it was decided to no longer have monthly meetings. Meetings will be called as needed and it will be posted on the Canaveral Groves Homeowners Association Facebook account. It will also be posted on the signs at Pine St. and Coconut, as well as on Canaveral Groves Blvd.

It is a shame that this had to happen with the number of homes we have in the Groves and the 1,400+ that are on the Facebook page.

At the general meeting, a Corporal from the Brevard County Sheriff's Office advised that they were doing increased traffic enforcement due to the number of complaints. The Deputy also advised that the Sheriff's Office has talked to the juvenile house and since then, the problems have seemed to have reduced. They will also be keeping an eye on them. If you see a problem, report it.

Elections were held and due to the fact that all offices ran unopposed, all positions remained the same.

It was also brought up that this time of year when Gypsy contractors and unscrupulous contractors show up wanting to do something for you for a better price. In the end, you get what you pay for.

- Ed Silva
President

Designing a Beautiful Garden for You and

By Melinda Myers

You don't need a prairie or large lot to attract and support pollinators. A meadow or informal, formal and even container gardens can bring in bees, butterflies and hummingbirds to help pollinate plants. It's just a matter of selecting the right plants, adjusting your maintenance practices, and skipping the pesticides.

Create your garden by converting a few square feet of lawn, garden bed or front yard into a pollinator-friendly garden. You may want to start by switching out part of an existing garden or container to more pollinator-friendly flowers.

Expand your planting options by converting a portion of your lawn into a pollinator garden. Outline the bed with a hose or rope. Remove the sod, add compost as needed to improve drainage and you'll be ready to plant.

You can build your own or simplify and dress up your efforts by using an easy-to-assemble raised garden kit like the Pollinator Garden Bed (gardeners.com). Its long-lasting cedar planks slide into aluminum corners to create a hexagonal bed. Get creative while increasing the garden's size by adding additional sections to create a honeycomb or other interesting design.

Mark the outline of the raised bed you select. Cut the grass short and cover with newspaper. Set your raised bed in place and fill with a quality planting mix. Mulch four to six inches surrounding the raised bed for ease of mowing and to eliminate the need to hand trim.

Once your planting bed is prepared, you're ready to plant. Include single daisy-like black-eyed Susans, coneflowers, and asters that allow visiting insects to rest and warm when sipping on nectar or dining on pollen. Add a few tubular flowers for butterflies and hummingbirds. They both like bright colors and can be seen visiting salvias, penstemon and nasturtiums. And don't forget the bees that are attracted to bright white, yellow, blue and ultraviolet colors. You'll find

them visiting these catmint, sweet alyssum

Include spring, summer and fall bloomers to keep pollinators visiting throughout the season. You'll also want to include the color red along with the color purple. Include early bloomers to attract visitors in the spring and late bloomers for much-needed food for pollinators. Prepare them for winter homes. In Florida, include some pollinator-friendly flowers that attract pollinators throughout the year.

Plant flowers in clusters to reduce the impact and to reduce the time spent when gathering nectar from one flower to the next. Provide space to reach their nectar. Fill in voids with annuals, perennials and nicotiana that attract pollinators.

Don't let all the pollinators overwhelm you into thinking that other companies have the secret to attract bees, butterflies and hummingbirds. Here are some plus tips on keeping them happy.

Mulch the soil with organic matter to suppress weeds, conserve the soil and provide shelter for pollinators and insects.

Allow healthy plants to die back in winter. These provide shelter for pollinators and food for them. It's possible to clean up your yard by pulling pile clippings out of the yard. Insects to escape the cold temperatures warm. They will plant debris in summer.

As your gardens grow, you will create more pollinators. Your efforts will be rewarded with an increased harvest and a beautiful garden. These visitors provide



Out on the Town

- Causeway Diner

There are many restaurants in our area that serve breakfast; some good, some bad and most, it's hit or miss depending on when you go. Some places I've had a great breakfast only to return at a later date and have a horrible breakfast. It doesn't seem to matter what day of the week or what time of day you go. Like I said, it's hit or miss.

While running some errands on Merritt Island early one day after Christmas, my wife and I decided to try the Causeway Diner for breakfast. The Causeway Diner is located on Rt. 3 (Courtenay Pkwy.) in north Merritt Island. We had a fantastic experience. The staff is attentive, our food was cooked perfectly, the wait time for our food was minimal, portions were above average and their prices are very reasonable.

I ordered what I call the standard breakfast; 2 eggs over medium, home fries, bacon and toast. My wife ordered the Athenian Omelet, which is made with spinach and Feta cheese,

and she also got the home fries and toast. Everything we got was cooked to perfection. My eggs and her omelet were neither undercooked nor overcooked, they were just right. The home fries appear to be fresh potatoes, chopped up and fried nice and crispy; no soggy home fries here. Even the bacon was cooked right; not flimsy, but not overcooked either.

I've been back 3 times for breakfast and every time it was consistently good. So, I do recommend the Causeway Diner for breakfast if you're in the area. They're also open for lunch and dinner and serve a huge variety of foods such as seafood, sandwiches, burgers, salads, etc. According to their menu; if there something you like that's not on the menu, just ask, they may even make it just for you.

To see pictures and view their menu, go to the Causeway Diner's Facebook page, or call 321-454-9898 to order take out.

- Ken Carson

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Brewer's Bash

Cocoa Village's 2nd Annual Brewer's Bash will be held on Saturday, February 13, 1:00 PM

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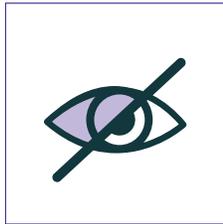
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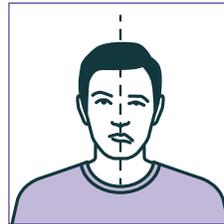
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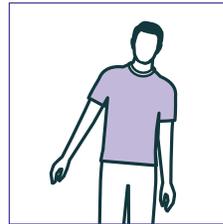
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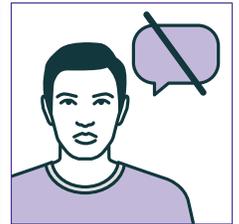
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ARMS

ARM OR LEG
WEAKNESS

S



SPEECH

SPEECH
DIFFICULTY

T



TIME

TIME TO
FOR AMBULANCE
IMMEDIATELY

WHEN TO CALL 911?

If the person shows any of these symptoms, even if the symptoms go away, call 911 and get them to the hospital immediately.

DO NOT DRIVE YOURSELF to the emergency room if you suspect you are having a stroke.

BEYOND BE FAST—OTHER SYMPTOMS YOU SHOULD KNOW

- Sudden numbness or weakness of the leg
- Sudden confusion or trouble understanding
- Sudden trouble seeing in one or both eyes
- Sudden severe headache with no known cause



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